



ofnd ok³e; es of. klr okLrq fuekZ k dyk

MkD çnhi fl g

foHkkxk/; {k] i kphu bfrgkI ijkrRo , oI Lñfr foHkkx] VhOMhO i hotho dklyst] tkui j

ofnd I kfgR; Is Kkr gkrk g§ ondkyhu I ekt i wkl; k I d Lñr Fkk] ml us thou dks I qkh cukus ds fy, okLrq fuekZ k dyk dk fodkl fd; k FkkA _Xon¹ es fdrus gh LFkyka ij ij cit vknf dk mYys[k vkrk g§ ftI Is rRdkyhu nqkZ dk ckZ gkrk gA nqZ feh ds cuk; s tkrs Fks ; k i RFkj ds bl I Ecl/k es fuf'pr : i Is dñ ugha dgk tk I drk fdLrq bruk rks Li "V g§ fd brus ckphu dky es Hkh nqZ cukus dh dyk dk fodkl gvk Fkk bl h çdkj _Xon es rRdkyhu xgka dk Hkh mYys[k vkrk gA okLrk*i*fr es k² es xg nörkvks dh Lrfr dh xbZ gA _Xon es xg³ I ù⁴ cl ù⁵ nh?kZ cl ù⁶ vknf dk mYys[k vkrk g§ ftI Is Li "V g§ fd ofnd dky es NkVs Is NkVs o CM& Is CM& ?kj cuk; s tkrs FkA ; s ?kj feh i RFkj] ydMh vFkok rhuk dks feykdj cuk; s tkrs FkA ofnd ; x es ?kj cukus dh dyk cgk ykdfc; FkhA ; g bl Is Hkh fl) gkrk g§ fd _Xon es I k/kj.k ?kj ds vFkZ es okchI 'kcn c; p gq g§ t\$ k fd fu?k. Vj es fy[kk gA xgl pd ckchI uke bl çdkj g&x;] qñnj] xr] get] vLr] i LR;] njksk] uhj] nq] lOl j] vek] ne] qñfr] ; ksu] I nhk] 'kj.k] o: Fk Nfn] Nfn] Nk; k 'kez o vTeokLrq fuekZ k dyk ds fodkl Is ofnd vk; k dk Hkksrd thou I Ecl/k cgk I h vko'; drkvks dh i frZ gks tkrh FkhA /kuh o fu/kU I c gh vi us I k/kuka ds vuñ kj jgus dk vkokl fuekZ dj vi u&vi us dkeka es yx tkrs FkA cm&cm& Is jnkj o /kuk<î yksx i RFkj vknf Is cus gq cm&cm&nqkZ es jgrs FkA blæ us fnoknkl dks i RFkj ds I k nqZ çnku fd; s FkA⁸ /kuh yksx dk"B fufeñ cm&cm& cl knka es jgrs Fk⁹ tks dHkh 'k=q }kj k tyk fn; s tkrs FkA⁹ mu cl knka es cm&cm& LrEHk jgrs Fk¹⁰ ftuds vkkj ij Nr fvdi jgrh FkhA ml es cgk Is njokts Hkh jgrs FkA¹⁰ 'KEcj ds i kl i RFkj ds I k nqZ Fks tks blæ us ml Is Nhu fy; s FkA¹¹ fe= o o#.k ds i kl , d I gl= [KEHkk okyk egy Fkk] ftI es vxfr kr æ0; Hkj k FkhA¹² ykgs ds nqZ ; k uxjkZ dk mYys[k Hkh _Xon es vkrk g§¹³ tgkZ blæ Is ckFkZ dh x; h g§ fd 'gs vfxu gekjh ?kr; p g0; Is ml çdkj j{k djkf tI çdkj ykgs ds vfer o egku I k nqZ Is gkrh gA _Xon es , d Lfkku ij¹⁴ I jLorh unh dks ykgs dk nqZ dgk x; k gA i g &

_Xon es ij fdrus gh LFkyka ij mfYyf[kr g§ ftI dk vFkZ I k/kj.kr; k nqZ ; k fd yk gkrk g§ ftI es jktkj ml dk i fjojk o ml ds I od jgrs Fk¹⁵ tks bruk etar jgrk Fkk fd fdI h Hkh vknE.k dk I keuk dj I drk Fkka¹⁵ ml es jktkj dk I kuj pkjh jRu] /kU; dh cm&cm& dksB; k vknf Hkh cuh jgrh FkhA ij fdycUnh okys uxjkZ ds I eku Fk¹⁶ ftI es u døy jktkj o ml ds i fjojk ds I nL; jgrs Fks cfYd I keur , oa cm&cm& 0; ki kjh vknf Hkh jgk dj rs FkA¹⁶ , d s nqZ I k/kj.kr; k i RFkj ds cus jgrs Fk¹⁷ rFkk ml ds vUnj jgus okys yksx dk 'k=q Mkdij vknE.kdkjh] vfxu vknf Is I j{k.k dj rs Fks ^ k j nh^ nqkZ dk Hkh mYys[k vkrk g§ tks fd nkl k ds Fk¹⁸ bl Is ; g Hkko fudyrk g§ fd 'kjn _rg es vk; k ds vknE.k I s cpus ds fy, vFkok ufn; k ds ij I s cpus ds fy, nkl yksx mu nqkZ dk c; kx dj rs FkA¹⁸ _Xon¹⁹ es I k nhokyka ¼ krHkgt h½ I s ; p nqkZ dk Hkh mYys[k ckjr gkrk g§ nqkZ dh nhokyka dHkh&dHkh ydMh dh Hkh cuk; h tkrh Fkh] ts k fd nkl k ds nqkZ dks tyk; s tkus Is Li "V gkrk gA²⁰



Xg&

—Xon e s xg dk mYs[k , dopu²¹ o cgppu²² nks e vkrk g ft l s Li "V gkrk g fd ofnd vkrk; k us vi us jgrs ds fy, cgr l s edku cuk; s FkA xjckr ds edku ydM[?kkl] Qit vkrn ds jgrs Fks fdUrq vPNh fLFkfr ds yksxk ds vPNs edku jgrs Fks cfl "B us o#.k l s ckFkuk dh g feh ds ?kj e u jgrk i MA²³ l Trx _f"k us blae l s ckFkuk dh g fd ^e[s , d cgr cmk edku jgrs dks nks t s k fd fd l h ds i kl u gka²⁴ bl çdkj ?kj k e xk;] CS] HkM+vkrn ds j [kus dh Hkh 0; oLFkk jgrh FkhA²⁵ , l s edku e cgr l s dejs o ml ds vgrks e cgr l h >kf fM+ k jgrh FkhA²⁶ njokts ; k }kj dk mYs[k Hkh vkrk g ft l ij l s edku dks ^njks k^ Hkh dgrs Fks CR; d edku e vfxu Hkh çTTofyr jgrh FkhA²⁷xg ; k Hkou dh cukoV ds ckj s e Xon l s tkudkjh ugha çkkr gkrh] fdUrq vFkobn }kj k bl l EcU/k e tkudkjh çkkr gkrh g²⁸ edku cukus ds fy, vPNs Lfkku i j pkj [KEHks Vm efrik vkg mu i j E; ky Vçfrferk j [kh tkrh FkhA Nrsckl dh cuk; h tkrh FkhA nhokyk ds vUnj ?kkl Hkjh tkrh Fkh] edku e fHkju&fHkju dk; k ds fy, vyx&vyx dejs jgrs Fk t s gfo/kklu Vgou l kexh j [kus dk dej k vfxu'kkj V; Kkfxu j [kus dk dej k i Ruhuka l nu^ VfL=; k ds cBsu dk dej k l nl VcBd²⁹ vkrnA CR; d ?kj dh nks cktq; jgk djrh Fkh ftUg i {k dgrs Fk tks vkrk g jkens ds l eku FkA cjkens ds [KEHks ydM[ds cus jgrs Fk ftu i j efrik k Hkh mRdh. k jgrh FkhA —Xon³⁰ e , d Lfkku i j dgk x; k g fd ^gs blae rFgkjs ?kkm nkmf s l e; bl çdkj çdkj kr gkr g ft s fd , d u; s [KEHks i j nks Nkh&Nkh yMfd; k ah efrik k bl çdkj mijkä o.ku l s Li "V gkrk g fd ofnd ; k ds edku e l k/kj .kr; k , d cBd dk dej k tgk i #k oxz cBd j okrkjki djrk Fkk , d l eku j [kus dk dej k] , d fL=; k dk dej k rFk ; Kkfxu j [kus dk dej k jgrk Fkk bl ds vfrfj ä l kus ds dejs vyx FkA edku ds vgrks e eof'k; k ds ck/kus dh 0; oLFkk jgrh FkhA bl ds vfrfj ä , d dej k vkg jgrk Fkk ft l dks ^vkor Fk^ dgrs Fks tgk i j ; Kkfxn ds vol j i j ckä. k dk Lokxr fd; k tkrh FkhA³¹ —Xon e , d Lfkku³² i j kalkq ckgLi R; blae l s ckFkuk dj rs g fd ^gs blae e[s , d f=/kkrq o f=o: Fk Vrhu [KEHks oky k ds edku cnu dj k tks fd dY; k. kdkj h gks bl e= e f=/kkrq 'kcn ds vFkZ ds fo"k; e cgr erHkn g fxQFk ds vuq kj f=/kkrq dk vFkZ bM] i RFk j o ydM[dk cuk g vkrk edkuA fdUrq l k; .k ds vuq kj f=/kkrq dk vFkZ f/kefed e vFkZ rhu eftyk oky edku gkrk g³³ f=o: Fk 'kcn , d Lfkku³⁴ i j vkg vkrk g fd tgk fo'onok l s ckFkuk dh x; h g fd ges egku f=o: Fk 'kez Vjkj V cnu dj k ; gk f=o: Fk 'kez dk vFkZ l k/kj .kr; k rhu dejs oky edku l s fy; k tkrh g A l nhk Vl hk nhk Vl nhk³⁵ vkrn ds mYs[k l s Li "V gkrk g fd cgr cm&cm+ edku Hkh cuk; s tkrs Fk ftudh ryuk xxupfch cl knk l s dh tk l drh g A f'kyi &

okLrq fuekZ k dyk ds vfrfj ä vll; dykvk dk fodkl Hkh ofnd ; k e g vkrk FkhA ofnd l kfgR; ds vkykpukRed v /; u l s Kkr gkrk g fd ml ; k e jFk gffk; k j] ?kj sy crZu] fofHkju vkrk. k vkrn dk cgr mi ; kx gkrk Fkk vkg bu l c ds fy, fofHkju /kkrq k dh xykus vkrn dh dyk dk Kku vko'; dh; jgrk g A —Xon e fu'd³⁷ : De³⁸ : Deikl³⁹ l it⁴¹ [kkrn⁴²] dez kkrk⁴³ vkrn l p. k ds vkrk. k dk mYs[k vkrk g A —Xon e ekrh⁴⁴ o ef. k⁴⁵ dk Hkh mYs[k vkrk g ftudk mi ; kx vkrk. k ds fy, fd; k tkrh FkhA —Xon e nsud ?kj sy mi ; kx dh fdruh gh olryk dk mYs[k vkrk g ftul s fofHkju dykvk ds fodkl dh tkudkjh feyrh g A rYi⁴⁶ Vl yk Vl ckSB⁴⁷ V, d çdkj dk i yk Vl oä⁴⁸ V, d çdkj dk i yk Vl vkrn ydM[ds cuk; s tkrs Fks o l k/kj .kr; k , d ?kj e jgrs FkA —Xon e dy'k⁴⁹ aks k⁵⁰ dFk⁵¹ vkrn dk fdrus gh LFkyk l s mYs[k vkrk g dy'k o dFk fofHkju /kkrq k o feh ds cuk; s tkrs Fk aks k cm&cm+ crZu jgrs Fks tks ydM[ds cuk; s tkrs Fks ?kj sy orZu fofHkju /kkrq k ds cuk; s tkrs FkA vFkobn e l kus o pkjh ds crZu dk mYs[k g⁵² m[k Vl dkus ds crZu Vl Fkkyh Vl i dkus dk crZu Vl vkl pu vkrn ; K l s l EcU/kr crZu Fks ft l dk mYs[k ofnd l kfgR; e vkrk g A bl h çdkj ; K l s l EcU/kr vll; oLryk dk Hkh mYs[k vkrk g s tks l k/kj .kr; k ydM[o /kkrq l s cuk; h tkrh FkhA⁵³; tpo e



jFkdkj r{kk dkSYky ¼dkgkj½ dekj ¼ydgkj½ ef.kdkj] fgj. ; dkj] b"kdjk] /kudkj] T; kdkj vknf dk Li "V mYys[k vkrk gA bl I s; g fu"dkl fudkyk tk l drk gS fd oñnd ; x es ydgkj ykgk vknf xykdaj foftklu gffk; kj] jFk ds dyiqt½ vknf cukrs FkA cydmH ds jFk i yx vknf oLrnyks dks cukdj viuh dyk dk fodkl djrs FkA ef.kdkj o fgj. ; dkj vPN&vPNs vkhk.ckukdj viuh dyk dks çnf' kirk djrs Fks vks dgkj feéh ds ukuk çdkj ds crlu cukrs FkA bl çdkj oñnd ; x es foftklu dykvka dk fodkl fd; k x; k FkkAbI çdkj ge ns[krs gS fd oñnd ; x es gh Hkkj rh; I ekt okLrq fuelk dk dyk l s iwkz isk ifjfpr gks pdk FkkA oñnd ; x es gh Hkkj rh; thou dh okLrq vpkp; k us mu rRok dk vfo"dkj dj fy; k Fkk tks ,frgkfl d ; xks dh fuelk dk dyk es Hkh ik; s tkrs gS tS s uhd] iD[ks dkBj vUr%j] }kj] l Hkk vfylUn] A/oNUn] vnHkNUUn] l feki u N=] LrEHk vknfA vk; k ds xáokLrq ds rhu Hkkx Fks ftI es enkuk cBd] vJri j ds l kfk&l kfk i 'kxkB ds fy; s Hkh LFkku FkkA jkek; .k vks egkHkkj r ; xhu jkt çkl knks es Hkh bl h çdkj ds blgha rhu Hkkxks dks çed[krk çklr gA dkykUrj es Hkh ; s l Hkh fo'kskrk, j okLrq fo'ku dh g"V l segroi wkl cuh jghA l Unhkz %&

- 1- _Xon 5@6@7
- 2- _Xon 7@54@1&3]7@55@1
- 3- _Xon 8@22@3]8@26@17
- 4- _Xon 7@18@22
- 5- _Xon 8@10@1
- 6- _Xon 8@10@1
- 7- fu?k. Vq 2@4
- 8- _Xon 4@30@20
- 9- _Xon 7@5@3
- 10- _Xon 10@99@3
- 11- _Xon 4@30@20
- 12- _Xon 2@41@5
- 13- _Xon 7@3@7
- 14- _Xon 7@95@1 ^i jLorh /k: .kHkol hi ^
- 15- _Xon 1@53@7]1@58@8] 1@131@4
- 16- , ål hÅ nkl & _Xoñnd dYpj] i0 186] 187 _Xon 1@89@2^i l p i Foh cgjk u moñz Hkkok rks dk; ru; k; 'ka kAA
- 17- _Xon 2@30@20
- 18- eñMkuuy o dhFk&oñnd bUMDI 1@538
- 19- _Xon 1@166@8 ^i krHkf tHkLrefHkgrj /kRi Hkh j{k rk e#rks ; ekor% 7@15@14] ^i Hkbk 'krHkf tAA
- 20- _Xon 7@5@3] 6
- 21- _Xon 3@53@6] 4@49@6] 8@10@1
- 22- _Xon 2@42@3] 5@70@4] 10@18@12
- 23- _Xon 7@89@1
- 24- _Xon 10@47@8 ^i Rok ; kfe nf) rlu blæ ogura {k; el es tukukeA^
- 25- _Xon 7@56@6] 10@106@5
- 26- _Xon 7@85@6
- 27- मैकडॉनेल व कीथ-वैदिक इन्डेक्स 1/221,230
- 28- , ål hÅ nkl & _Xoñnd dYpj i å 189
- 29- oñnd bUMDI 1@230] 231



- 30- _Xon 4@32@23
31- ofnd bMDI 1@66
32- _Xon 6@46@9
33- , ål hå nkl & _Xofnd dYpj i å 191
34- _Xon 10@18@22
35- _Xon 8@10@1
36- _Xon 2@33@10] 5@19@3
37- _Xon 1@166@10] 4@10@15] 5@33@4] 8@20@11
38- 'kri Fk ckā.k 6@7@1] 7] 27
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40- _Xon 4@38@6] 5@34@4] 8@47@15
41- _Xon 5@54@11] 1@166@ 9] 7@56@13]
42- _Xon 8@78@3
43- _Xon 1@35@4] 10@68@1] 1@126@4
44- _Xon 1@33@8
45- _Xon 7@55@8
46- _Xon 7@55@8
47- ofnd b.MDI 2@278
48- _Xon 1@117@12] 3@32@15
49- _Xon 6@2@8] 6@37@2] 6@44@20] 9@93@1
50- _Xon 1@191@14- 10@89@7
51- ; tph] 8@10@23] 29
52- , ål hå nkl & _Xofnd dYpj] i å 194&196
53- ; tph 30@7] 17